PACKING FOR RESIDENT CAMP

MEDICATION

When you help your child pack, please put any prescription medication in its original container and non-prescription medication in its original container in a Ziploc bag with your child's name on it in an easy to find location. Please also check the expiration date on the medication to ensure that it will be current through the weekend. Medications will be turned into your youth minister.

EQUIPMENT LIST

The following items and quantities are recommended for the 2-night retreat session. Adjustments in quantity may be made at your discretion for sessions of a different length. There are no laundry facilities at camp. Please do not bring any electronics or expensive items to camp. CYO does not assume responsibility for lost or damaged items. PLEASE MARK ALL ITEMS BROUGHT TO CAMP WITH YOUR CHILD'S NAME

CLOTHING ITEMS

- ❑ 2 pairs of long jeans or pants
- ❑ 4 T-shirts
- ❑ Rain gear
- ❑ 2 changes of underwear
- ❑ Warm jacket
- ❑ Hat
- ❑ 4 pairs of socks
- ❑ 2 Sweaters or 2 warm sweatshirts
- ❑ Pajamas
- ❑ 1 pair tennis shoes
- ❑ 1 pair waterproof shoes or boots

PERSONAL ITEMS

- ❑ Medications (please see above)
- ❑ Plastic garbage bag (for dirty clothes)
- ❑ Sunscreen
- ❑ Insect repellent
- ❑ Flashlight
- ❑ Sleeping bag
- ❑ Pillow
- ❑ Personal toiletries
- ❑ Towel
- ❑ Daypack/backpack
- ❑ Water bottle with name marked

SUGGESTED ITEMS

- ❑ Bible
- ❑ Rosary
- ❑ Camera/film (please no smart phones)
- ❑ Stationery/postcard/stamps
- ❑ Pen/Pencil
- ❑ Musical Instrument

DO NOT BRING!!!!!!

- ❑ IPod/MP3 Player
- ❑ Cell Phone
- ❑ Electronic Games
- ❑ Pets
- ❑ Gum
- ❑ Matches
- ❑ Fireworks
- ❑ Knives/guns/weapons of any kind
- ❑ Alcohol/drugs
- ❑ Personal Sports Equipment
- ❑ Vehicles (campers cannot drive themselves to camp)

LOST AND FOUND

To assure the return of lost clothing and equipment, ALL ITEMS BROUGHT TO CAMP SHOULD BE CLEARLY MARKED WITH CAMPER'S NAME. You can arrange to pick up your lost and found items by calling Camp Don Bosco at 425-333-6135; they will not be mailed to you. **CYO does not assume responsibility for lost items.**